

Damla Taşkın

Curriculum Vitae



PERSONAL INFORMATION

Surname, Name : Taşkın, Damla
Nationality : Turkish (TC)
Gender : Female

EDUCATION

Degree	Institution	Years of Education
Psychotherapy Course	Existential Therapy Course İstanbul, Turkey Academy of Existential Dr. Ferhat Jak İçöz	2022 - Present
Psychotherapy Course	Gestalt Therapy Course Ankara, Turkey Gestalt Therapy Association Prof Dr. Ceylan Daş	2020 - 2023
Psychotherapy Course	Clinical Applications of Cognitive and Behavioral Therapy Training 5 Module - Online DATEM - Center for Behavioral Research and Therapy Prof Dr. Ebru Şalcıoğlu	2020 - 2021
MSc	Queen Mary University of London, London, England Department of Mental Health: Psychological Therapies	2018 - 2019
Higher - Intermediate	EC London Language School London, England	2018
BSc	Başkent University, Ankara, Turkey Department of Psychology	2012 - 2017

(Accredited by Turkish
Psychological Association)

*** Higher Education Board (YOK) has been confirmed that I received my MSc degree in the UK to be equivalent to Clinical Psychology MSc in Turkey.**

WORK EXPERIENCE

November 2018 - July 2019	IMECE Women's Centre, London/England Intern (Supervision from Işıl Şansoy)
July 2019 - October 2019	Başkent University, Stress Management Practice and Research Centre, Ankara/Turkey Intern (Supervision from Didem Sevük)
October 2019 - October 2020	Başkent University, Stress Management Practice and Research Centre, Ankara/Turkey Clinical Psychologist/Psychotherapist
October 2020 - Present	Damla Taşkın Counseling Centre Ankara / Turkey Clinical Psychologist/Psychotherapist

SPECIALITIES AREAS

Clinical psychology, adult and young adult psychology, trauma psychology, anxiety problems, depression, stress and psychopathology, coping with stress, interpersonal relationship and communication problems, feeling of worthlessness, self-awareness, self-esteem problems, anger control, adaptation to life changes, loss and mourning processes.

PROJECTS

International Protection System in Turkey

Writer of Module (Baskent University)

Reinforcement of Turkey's National Asylum System Project founded by an European Union in cooperation with UNHCR and DGMM | May 2020 - January 2021

Elimination of the Child Labour in Seasonal Agriculture Project

Tender consultancy (Han Agency)

Development and Implementation of a Project Communication Strategy founded by an European Union in cooperation with ILO | 2021

Agricultural Development in Turkey

Tender consultancy (Han Agency)

Development and Implementation of a Project Communication Strategy founded by an European Union in cooperation with FAO | 2021

A Retrospective Look at the Traumatic Effects of the Past Year

Interview was given (Bi'Şey Psychology) | March, 2021

Existential Therapy Perspective in Trauma Cases

Education was given (Bi'Şey Akademi) | October 2021

On Loss and Grief: After Life Series Analysis

Workshop was given (Nişantaşı Psychology Society) | March 2021

Stigmatization and Labeling in Social Media “The effects of social media on the mental health of society and individuals after major disasters”

Education was given (Turkish Psychological Association Student Unit) | April 2023

WORKSHOPS

Mind-Body Medicine Approach to Diabetes Workshop (*attended*) funded by TÜBİTAK and organized with the collaboration of Harvard University Benson-Henry Institute for Mind- Body Medicine and Başkent University Stress Management Applicants&Research Centre | October 2015

Indicator Views of Violence Against the Child Workshop (*attended*) supported by UNICEF Turkey Office | December, 2015

Long-Term Trauma Workshop (*attended*) as part of ISIK SAVASIR Clinical Psychology Symposium 8 organized with the collaboration of Turkish Psychological Association and Başkent University Department of Psychology | May, 2017

Bilingual Volunteer Violence Against Women and Girls (VAWG&G) Champions, (*attended*) harmful practices by İMECE Women's Centre | June, 2019

Psychotherapy from the Perspective of Interpersonal Neurobiology Panel (*Organizing Committee Member*) organized by Başkent University Stress Management Applicants&Research Centre | December, 2019

Winter School X - Theory, Method and Open Science: The Roadmap of Psychology (*attended*) organized by Başkent University Department of Psychology | January, 2020

Online Loss and Mourning Processes Theoretical Training (*Organizing Committee Member*) organized by Başkent University Stress Management Applicants&Research

Centre | June, 2020

Existential Encounters, Time: Kairos and Kronos (attended) organized by the Existential Academy with the participation of Emmy van Deurzen | December, 2022

CERTIFICATES

Psychology and Art Symposium 5 organized by Başkent University Department of Psychology | October, 2016

First Social Psychology Congress organized by Başkent University Department of Psychology | November, 2016

ISIK SAVASIR Clinical Psychology Symposium 8 organized with the collaboration of Turkish Psychological Association and Başkent University Department of Psychology | May, 2017

Mad Hearts: The Arts and Mental Health Conference organized by the Arts and Culture Strategy at Queen Mary and MSc Creative Arts and Mental Health at Queen Mary's Centre for Psychiatry and Department of Drama | May, 2019

ASSOCIATIONS WITH MEMBERSHIP

Turkish Psychological Association

Gestalt Therapy Association

British Psychological Society

Existential Psychotherapies Association

RESEARCH UNDER COURSES

Reorientation of Well Accepted Feminine Beauty

Research proposal, made short film and presented

Social Psychology Course given by Ass. Prof. Zuhale Yeniçeri Kökdemir | 2014

Social Dominance Orientation and Attitude Structures of the Individuals Concerning Police Officer

Empirical research was written in English

Quantitative Research Methods Course given by Ass. Prof. Okan Cem Çirakoğlu | 2014

Eating Disorders In Late Childhood

Review article

Development Psychology Course given by Ass. Prof. Nilay Pekel Uludağlı | 2014

Training of Academic Procrastination

Research proposal

Experimental Design Course given by Dr. Leman Korkmaz | 2015

Sufism and Transpersonal Psychology

Review article

History of Psychology Course given by Prof. Dr. Doğan Kökdemir | 2015

Iconography of Freud's Theory

Image working, presented on the TV program in Başkent University's channel

Personality Theories Course given by Ass. Prof. Okan Cem Çirakoğlu | 2015

Reading Habit Project for Primary School Children

Empirical research, 8 weeks training was given in primary school

Social Project Development and Application in Psychology Course given by Ass. Prof. Nilay Pekel Uludağlı | 2015

'Is It Possible To Just Be Friends?': The Role Of Attraction In Cross-Sex Friendships,

Research proposal

Close Relationships Course given by Ass. Prof. Zuhale Yeniçeri Kökdemir | 2016

Theory of Mirror Room

Developed a new consciousness theory

States of Consciousness Course given by Prof. Dr. Doğan Kökdemir | 2016

Overcoming Stigmatisation About Mental Disorders In High-School Students

Research proposal was written in English, presented in Turkish

Complementary Psychology Studies | Course given by Dr. Leman Korkmaz | 2016

Social And Emotional Functions In Three Patients With Medial Frontal Lobe Damage Including The Anterior Cingulate Cortex

Analysed article, presented

Neuropsychology Course given by Ass. Prof. Aslıhan Örs Gevrekci | 2016

Marijuana Using In Psychopharmacology

Review article, made an infographic, presented

Psychopharmacology Course given by Ass. Prof. Zeynep Başgöze | 2017

Myths And Facts About Mental Disorders

Review article, made a book, presented

Complementary Psychology Studies || given by Ass. Prof. Nilay Pekel Uludağlı | 2017

Calendar of Women Who Do Not Give Up

Made calendar, presented

Psychology of Gender Course given by Dr. Leman Korkmaz | 2017

DNA Hypomethylation Of Synapsin || Cpg Islands Associates With Increased Gene Expression In Bipolar Disorder And Major Depression

Analysed article, presented

Behavioral Genetics Course given by Ass. Prof. Aslihan Örs Gevrekci | 2017

Relations of Photoshop Usage in Instagram to Various Psychological Variables (Self-esteem, social comparison, depression and social appearance anxiety)

Empirical research in BSc | Worked with Ass. Prof. Dilay Eldoğan | 2017

Differences in voice-hearing experiences of people with psychosis in the USA, India and Ghana: interview-based study

Analysed article, made an infographic, presented

Module 1: Advanced Skills in Mental Health given by Dr. Mark Freestone | 2018

A Neuroscience Agenda for Counseling Psychology

Analysed article, made an infographic, presented

Module 2: Psychological Therapies given by Dr. Heidrun Bien | 2019

THESIS

The effectiveness of mindfulness-based therapy in post-traumatic stress disorder compared to eye movement desensitization and reprocessing therapy

A systematic review in MSc | Worked with Athina Manoli | 2019

HONORS

Honor student in Başkent University for 3 semesters between the academic years 2015-2017

FOREIGN LANGUAGE

High Level English

SOCIAL ACTIVITIES

Piano playing and concert experience | 2002 - 2014

Experience of playing chess and winning degrees in tournaments | 2005 - 2008

Psychology Community of Başkent University Member | 2012 – 2016

Psychology Community of Başkent University Vice President | 2013 – 2014

Psychology Community of Başkent University President | 2014 – 2016

Başkent University Stress Management Practice and Research Centre Social Media (Website, Instagram, Twitter) Content Editor | 2019-2020

REFERENCES

Available upon request